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November 27, 2023

Dr. Daniel Kaufmann
3300 W Camelback Rd.
Phoenix, AZ 85017

Colorado Limited Gaming Control Commission
1707 Cole Blvd.
Suite 300
Lakewood, CO 80401
Colorado

Dear Review Committee,

My name is Dr. Daniel Kaufmann, and I am writing to express my enthusiastic support for the Kindbridge Research Institute's grant application for the Healthy Gaming Education Program. My mission, using my online persona of Dr. Gameology®, is to positively influence gaming communities to develop a healthy integration of gaming habits into a lifestyle that becomes enjoyably effective across every life area we all experience. As a licensed mental health professional, professor, researcher, and leading expert in the field of gaming psychology, I firmly believe that this initiative is crucial for promoting mental wellness and responsible gaming habits among children and adolescents.

The digital landscape is evolving rapidly, and with it, the role of gaming for most individuals across the lifespan, but most importantly in the lives of youth who are in the midst of critical periods of development. While gaming offers numerous benefits, including social connection, cognitive skill development, relaxation potential, and entertainment, it also presents challenges that must be addressed mindfully. The Healthy Gaming Education Program's emphasis on balance, mental health awareness, and the development of healthy gaming habits is both timely and necessary.

Through my work and research, I have observed a significant need for programs that not only understand the gaming culture but also strive to integrate positive mental health practices within it. The Kindbridge Research Institute's program meets this need by offering educational resources, interactive workshops, and support systems tailored specifically for young gamers and their communities.

Moreover, the program's collaborative approach, which involves working with schools, parents, and gaming communities, is commendable. It ensures that the message of healthy gaming is

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disseminated broadly and effectively, fostering a more informed and responsible gaming environment.

I feel this program is essential for children as it provides them with critical awareness and coping strategies to recognize and avoid the potentially addictive elements of gaming, thereby significantly reducing the risk of developing gambling tendencies that can emerge from unchecked gaming habits.

I have confidence in the Kindbridge Research Institute's ability to execute this program successfully. Their track record in mental health education and their commitment to research-driven approaches are indicative of the potential impact this program can have. This initiative is not just an investment in the program itself but also an investment in the well-being and future of our youth.

Thank you for considering this application. I am excited about the possibilities this program holds and am available for further discussion or to provide additional insights into the importance of this initiative.

Sincerely,

D. Kaufmann Ph.D, LMHC, LPC

Daniel Kaufmann, Ph.D.
Owner, Dr. Gameology®
Author, Researcher, Content Creator