



STATE OF
COLORADO

LED_Rulemaking - DOR, DOR <dor_led_rulemaking@state.co.us>

community prevention comments

1 message

Stullken - CDPHE She Her, Julia <julia.stullken@state.co.us>

Mon, Aug 12, 2024 at 12:14 PM

To: DOR LED_Rulemaking - DOR <dor_led_rulemaking@state.co.us>

Please see attached.

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8.12.24 Comments_Stullken.pdf

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August 12, 2024

Substance Use Recovery Rules Working Group,

The following data from Colorado population level surveys may be useful to this workgroup.

- One in three (36%) Coloradans 18-20 years old had at least one drink of alcohol in the past 30 days (CO BRFSS, 2022) and one in five (19%) Coloradans 18-20 years old engaged in binge drinking in the past 30 days (CO BRFSS, 2022).
- 14% of public middle school students in 2023 had their first drink of alcohol before age 11 (HKCS, 2023), which is a risk factor for development of substance use disorders later in life. This is more than twice the prevalence than in 2021, when only 5% of middle schoolers had their first drink before age 11.
- 21% of public high school students and 7% of public middle school students had at least one drink of alcohol in the past 30 days (HKCS, 2023).
- Half (50.6%) of public high school students and almost one third (29%) of public middle school students felt it would be sort of or very easy to get alcohol if they wanted to (HKCS, 2023), demonstrating a need to implement practices to protect youth in our state.

For more publicly available data see the [Colorado Behavioral Risk Factor Surveillance System \(BRFSS\)](#) webpage and the [Healthy Kids Colorado Survey \(HKCS\)](#) webpage.

Best,
Julia Stullken, MPH
Alcohol Epidemiologist
Community Prevention workgroup member